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## ACTING FOR BEGINNERS

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**TUESDAY 31ST MARCH, 2009 - 09:34 PM**

**Acting art director Jo Keigwin gives a acting classes a whirl...**



Presentations and public speaking have never been my strong point, but it's something I've had to do more and more of recently as acting Art Director. I didn't think there was much I could do about it until a friend suggested I try acting classes. She struggled with similar situations and had recently completed an 8-week course called 'Beginners City Acting Fun'. At first I couldn't think of anything worse, I dropped drama in school as soon as I could so why all these years later would I want to take it up? However, after doing a bit of research and some friendly persuasion, I decided to give the course a go.

Initially I was nervous and apprehensive but after the first few minutes and introductions I realized everyone who'd signed up for the course was in the same boat. I'm into week 7 of the course and we've covered loads of activities. I've learned how to use my voice effectively, act out contemporary scenes and improvise, and also practice skills to help get over the fear of just getting up and starting the scene. It's all presented in a fun and laid-back environment, and you know what, I might not be the next Julia Roberts but I've actually enjoyed it!

I can honestly say that 'acting fun' has been a just that. Lots of fun and a very different way to gain confidence and feel more comfortable in front of an audience, which I hope will help with future presentations.

For more information [www.cityacting.co.uk](http://www.cityacting.co.uk).

For more blog entries from Jo and other members of the Livingetc team, visit [livingetc.com/blogs](http://livingetc.com/blogs).

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